

Overview

In the far east of Nepal, bordering the Indian state of Sikkim, lies the world's third-highest mountain, **Kanchenjunga (8586m)**, standing in almost complete isolation from the other major peaks of the Himalayas. The restricted area has only been open for exploration since 1988, and the **Kanchenjunga trek** is now considered amongst the premier routes for those seeking a rarely traveled and highly challenging adventure through one of the last unspoiled wilderness regions of Nepal. During the **Kanchenjunga trek**, you will notice that it's home to elusive snow leopards, the Himalayan black bear, and the Assamese macaque, as well as an unforgettable landscape of towering peaks, cascading waterfalls, and verdant forests of rhododendron and bamboo. During the **Kanchenjunga trek**, you will notice the sparse population scattered throughout the mountains is made up of the warm-hearted Rai and Limbu people, with a culture that traces back to Tibetan origins and a unique belief system based on an amalgamation of Buddhist, Hindu and animist principles.

Starting with a flight or drive to Bhadrapur/Suketar, the trek climbs through the scenic and cultivated foothills into the great mountain stronghold of peaks such as Rathong, Kumbhakarna, Jannu, and of course **Kanchenjunga**, offering some of the Himalaya's most awe-inspiring and majestic scenery en route to **South Base Camp (5143m)**. Until recently the trek was only possible through the considerable effort of carrying in all the necessities of life such as food and camping equipment, but with the advent of tea houses along the trail in response to its growing popularity, the logistics of the exercise have become considerably easier.

The **Kanchenjunga trek** is a journey for the trekker with a sense of adventure, a desire to explore trails less traveled, and the determination and conditioning to tackle the challenges of a physically demanding route through one of Nepal's most remote regions. **Nepal Trekking Experts** is the perfect agency to arrange your trek through the area, including additional options such as a visit to the isolated northern **base camp**. So why not get in touch with us and know all the details about [Kanchanjunga Trek's difficulty](#) and the equipment list and see what we can do to set you on the path to this intriguing journey in the eastern Himalayas?

Feel free to go through our other packages like [Manaslu Tsum Valley Trek](#), [Manaslu circuit trek](#), [Gokyo Valley Trek](#), and more.

Itinerary Details

Day 01 : Welcome at airport and transfer to the hotel

Welcome at airport and transfer to the hotel by private car/jeep

Day 02 : Free day for final trekking preparation.

Free day for trekking preparation and sightseeing

Day 03 : Fly Kathmandu to Bhadrapur (45 minute) then transfer to Birtamod by drive (45 minute by car/Jeep)

A short flight past the Everest region takes us Bhadrapur, where we use local transport to transfer us to Birtamod for the night.

Day 04 : Birtamod to Taplejung by local jeep. (8-9 hrs, 1820m).

Terraced rice fields and tea plantations serve as a serene backdrop as we head out past Gumpas and prayer wheels on the long jeep drive to Taplejung.

Day 05 : Trek Taplejung to Chiruwa (6-7 hrs, 1270m).

Our trek starts today with a hike through layered landscapes and lush jungle fringed by distant views of the ever-present Himalayas, passing by the riverside village of Siwan and the suspension bridge that leads us across to Chirawa, the day's destination.

Day 06 : Trek Chiruwa to Lelep (1750m, 5-6 hrs)

With permits checked at the regional park office we head in to the conservation area that protects the Kanchenjunga region and forge ahead over a bridge and through the scenic sub-tropical landscape until we reach Lelep.

Day 07 : Lelep to Amjilosa (2308m, 5-6 hrs)

A series of impressive suspension bridges leads us back and forth across the Ghunsa Khola to Jaubari, then across another bridge to the narrow trail leading up the steeply sided slopes to Amjilosa and its yak pasturelands.

Day 08 : Trek Amjilosa to Gyabla (2730m, 5 hrs)

Onwards and up through the thickly forested region of dense rhododendron and venerable oak trees, past myriad waterfalls and the scattered villages lying quietly below the mountains in their peaceful valley. Eagles soar lazily above us, yaks graze solemnly in green pastures, and occasional signs of wildlife come into view among the trees or high on the slopes as we slowly make our way towards Gyabla.

Day 09 : Trek Gyabla to Ghunsa (3595m, 5 hrs)

The morning is spent walking steadily to the Tibetan village of Phole, and then we make the steady climb to the picturesque town of Ghunsa and its superb view of the surrounding countryside.

Day 10 : Acclimatization day.

Today is a designated rest day to help the body acclimate to the high altitude, and Ghunsa is perfectly suited to the task by virtue of its scenic alpine surroundings and points of cultural interest, including the local gumpa.

Day 11 : Trek Ghunsa to Khambachen(4050m, 5-6 hrs)

Emerald green forests concede to the frost-browned vegetation of the alpine regions of the Kanchenjunga region as we climb steadily to the upper glacial valleys on our path, with mighty Jannu standing before us in all its glory as we trek through the scenic landscape towards Khambachen.

Day 12 : Trek Khambachen to Lhonak (4780m, 4-5 hrs)

A day of astonishing views as we trek into the heartland of the towering Kanchenjunga massif, gradually ascending to the base of the mountain's forbidding glacier and on past snow-fed waterfalls and occasional glimpses of highland wildlife such as blue sheep perched high on the slopes. If there's snow about and we're extremely fortunate we might even sight the light footprints of the region's most mysterious creature, the enigmatic snow leopard.

Day 13 : Hike to Kanchenjunga Base camp 5143m and back to Lhonak for overnight.

The day's first order of business is the steady climb to the lofty and isolated outpost of Pangpema, where we pause for lunch before heading out on the final push to the trek's ultimate goal of Kanchenjunga Base Camp. The fluttering colors of the prayer flags eventually guide us in to the site at the very threshold of the towering peak, with magnificent panoramas of the surrounding region's snow-capped peaks providing the icing to the cake on the day's journey. After spending suitable time at the base to appreciate the views and celebrate the achievement we head back down to Lhonak.

Day 14 : Trek Lhonak to Ghunsa (6 hrs)

Returning by the same route to Ghunsa, we gain a different and refreshing perspective of the region's beautiful scenery.

Day 15 : Trek Ghunsa to Selele Base Camp (5 hrs, 4480m)

A precipitous trail leads us through woodland towards a trailhead of striking mountain views, including mysterious Makalu sitting in isolation on the far horizon.

Day 16 : Selele Base Camp to Cheram (8 hrs, 3870m)

The trail takes us on a challenging roller coaster hike today, an undulating passage over two passes, firstly Sinion La (4646m) then Mirgin La (4470m). Everest and Makalu add to the extraordinary panorama before us as we hike through the region until the path gradually leads down to our rest stop at Cheram.

Day 17 : Cheram to Ramche (3 hrs, 4580m)

Our trail leads out through woodland until we clear the tree line and approach the moraine field of Yarlung Glacier, with Jannu, Kanchenjunga and other peaks in the area soaring high above us in the valley.

Day 18 : Ramche to Tortong(6-7 hrs, 2995m)

We descend markedly today, leaving behind the alpine regions and dropping down into the lush surrounds of the lower foothills with their dense forests of rhododendron and pine. The rushing waters of the Simbuwa Khola become our steady companion as we continue on down until we reach Tortong.

Day 19 : Tortong to Yamphuding. (7-8 hrs, 2080m)

Another day of hiking on an undulating trail, our path taking us along tree-lined slopes and grass-green pastures hanging precariously to existence on the steep inclines. Our arrival at Yamphuding brings us back to the main road running through the region.

Day 20 : Yamphuding to Khebang. (1915m, 5-6 hrs)

After the experience and thrill of the alpine heights the terraced fields, peaceful villages and vivid colors of the lower ranges make for a relaxing hike as we slowly wind our trek down to its conclusion.

Day 21 : Khebang to Hapu Khola (5-6 hrs)

Our last day of trekking as we hike through Limbu villages and a steady patchwork of farmland and pastures, with the smiling faces of the ever curious locals greeting us as we walk by. Our arrival in Kamdine gives us pause to relax and reflect on an amazing journey through one of Nepal's most remote regions.

Day 22 : Hapu Khola to Birtamod by drive and overnight in Birtamod. (9/10 hrs)

A long day sees us make the bumpy ride to the main road, then turn towards Birtamod.

Day 23 : Drive to Bhadrapur(45 minute) then fly back in Kathmandu.

A short drive takes us to Bhadrapur, where we pick up our return flight to Kathmandu in

plenty of time to relax, unwind, and perhaps celebrate the trek with friends over dinner.

Day 24 : Departure

Farewell and drop-off at the airport, or the opportunity to join another of our programs.